

CLEO

FREE
HAIR
PRODUCT,
BODY
LOTION
+ MORE
Special offer.
See p190 for conditions

Sealed section

HOT SEX ROAD TEST

» ONE COUPLE
» 31 DAYS
» NONSTOP
WHAT THEY LEARNT
& **WHAT**
IT CAN
DO FOR YOU

**HELP
US SAVE
THE
PLANET**
THE
ECO CLEO
GUIDE

new look

THE NEW BODY

WANT ONE?
**FREE 7-DAY
GYM PASS**
Special offer. Conditions apply. See p190 for details

SHOCK REPORT
Pregnant
ice addicts

JENNIFER HANKINS

YOU'RE BEAUTIFUL

40+ pages
of flattering
fashion

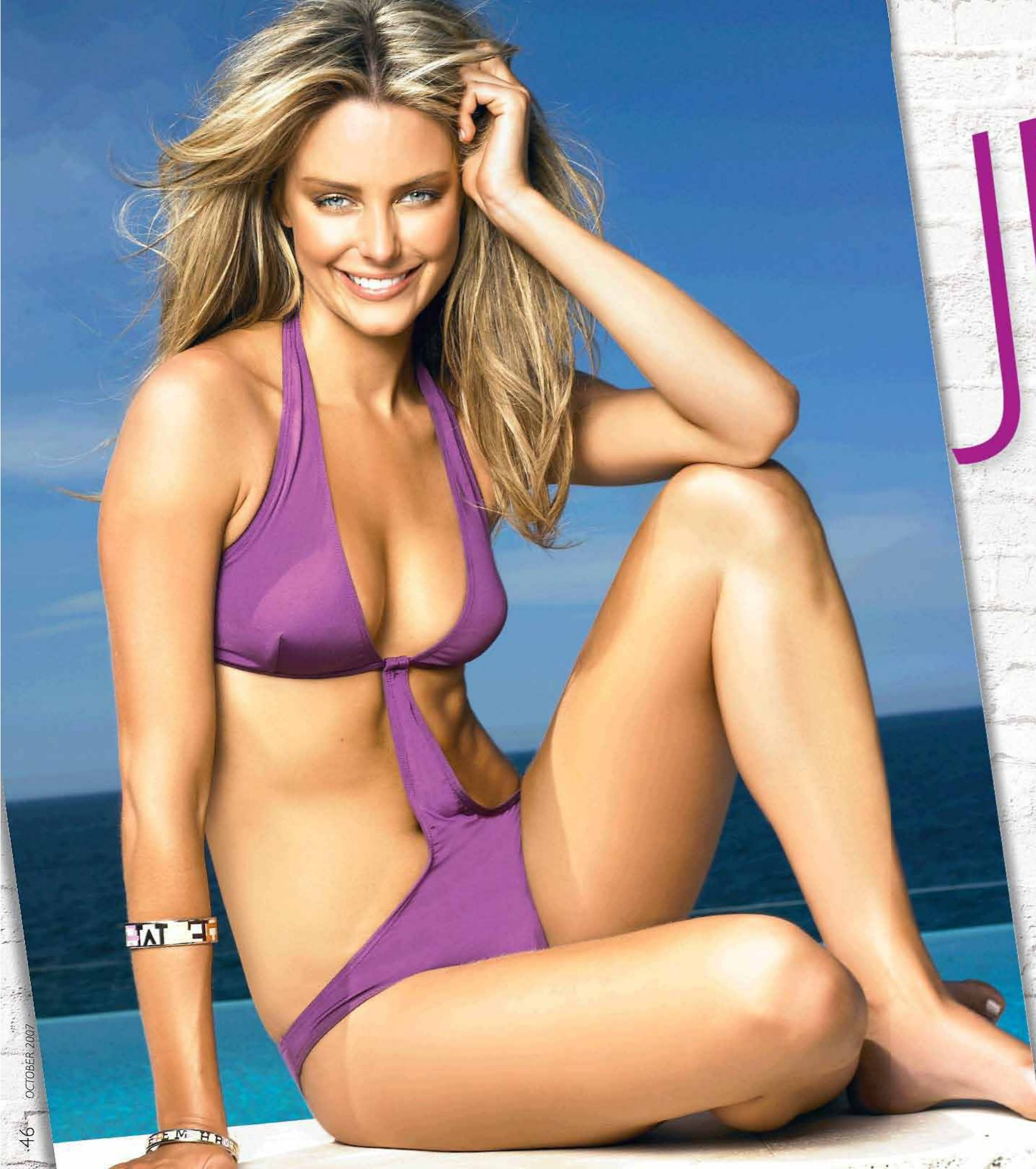
Best date
make-up

Love-yourself
secrets

GENERATION FEMBOT

Are you one of the strong, sexy new women?

acp
10
OCTOBER 2007 • \$7.00 INC GST
9 313006 000402



JENNY

from the block

Despite her mega-bucks modelling career, Ms Hawkins still has her head screwed on pretty damn tight.

TO THE AUSTRALIAN public, Jennifer Hawkins' life seems like a fairytale – the only difference is that it's real. Just over three years ago, the former legal secretary and cheerleader left Australia for the first time to compete in the Rolls Royce of beauty pageants, Miss Universe. Her goal was to make it to the top 10 finalists, but after touching down in Ecuador, her confidence was king-hit when she clocked the other finalists.

"I turn up with two suitcases and I see all these girls arriving with six, seven suitcases, and I just went into shock," she remembers. "I rang Mum and said, 'I'm not in my league here. I'm not prepared.'"

The judges disagreed, and soon she was rocking a diamond-and-pearl tiara and stressing out about all the official duties that had suddenly appeared in her diary. "Before the

competition, I was terrified of public speaking," she explains. "During the pageant I didn't want to get into the top five because I didn't want to answer the general knowledge question in public! My first big speaking event was at the 2004 International AIDS Conference in Thailand with Kofi Annan and Richard Gere; I was so anxious. I remember being backstage and feeling like I had to throw up. But once I'd finished my speech, I had this great sense of accomplishment."

Since handing over her crown (to Miss Canada in May 2005), Jen's career has gone coco bananas – much to her father's surprise. "I remember my dad saying after my year as Miss Universe, 'That's good, it's over ... now we can get back to normal.' And I remember thinking, 'I don't know about that.'"

She was right – everyone wanted a piece of the Hawkins action, and

not much has changed since. These days, she's swapped her Newcastle Knights cheerleader's uniform for slightly more upper-crust threads from über retailer Myer, stacks her make-up kit with products from CoverGirl and shimmies into underwear bearing the Lovable brand name. Given how much attention Jennifer's undies (or lack of) scored after a 'wardrobe malfunction' during a fashion parade, it was a smart cookie at Lovable who had the bright idea of getting her signature on a contract, pronto.

"Oh, the wardrobe malfunction," she laughs. "I was so embarrassed but ... I see it as a learning experience. It also lets people know I'm human and nothing is perfect in life; not everything runs smoothly. Trust me, every time I go to a fashion show now, I make sure everything is zipped and pinned!"

As the \$4 million face of →

ultimate plunge



Ultimate Plunge Teddy \$49.99

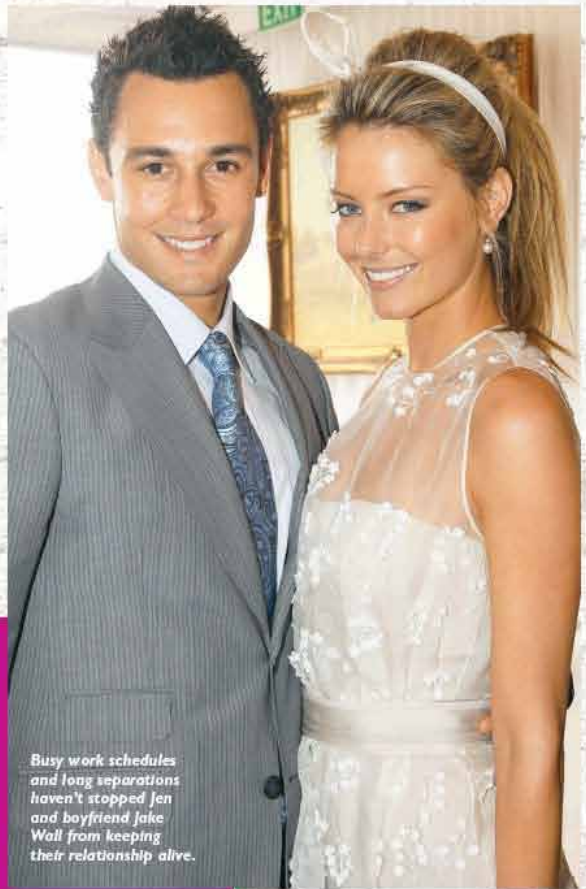
ultimate
body
BNT exclusive

www.bnt.com.au ph 1300 556 626

← Myer, fashion parades are a big part of Jennifer's new life. The press loves to beat up rivalry between herself and Megan Gale, the long-standing face of David Jones, which is ironic given Jen said in a 2005 interview that Gale was her heroine, along with Elle Macpherson, and commented on how she'd love to meet them both. You can bet Jennifer has a good giggle at the friction reports – one thing that hasn't changed is her sense of humour. During a recent live webchat to promote Myer's new season shows, she fended off numerous marriage proposals (plus one offer to rub "sunscreen into those tricky spots at the beach") and gave the following advice to any legal secretaries who wanted to become Miss Universe: "Send my mate Trumpy a nice letter and see how you go!" When asked about a solution for world peace, global warming and ending poverty, she shot back, "Do you mind if I ring my friend Bono first?"

But it wasn't all jokes – she admitted she's been approached for a couple of acting roles, but has had to turn them down because of her crazy schedule. "I did get an offer for a movie (*Pink Panther 2*), but I couldn't accept it. It kind of upset me a little."

But even Jen herself admits you never know what's around the corner. "Three years ago, I wasn't even in this industry, so who knows? The team at Miss Universe warned me my life would never be the same, but I really didn't take it in. It's only really been in the past year or so I have realised how my life has changed and thought, 'Now I know what they were talking about!'"



Busy work schedules and long separations haven't stopped Jen and boyfriend Jake Wall from keeping their relationship alive.

JEN & JAKE SITTING IN A TREE ...

The couple's first date (before Jennifer became Miss Universe) involved Chinese take-out and the *How To Lose A Guy In 10 Days* DVD – that gives you an idea of how low-key the relationship between Jen and boyfriend Jake Wall is. Despite the national profiles and long separations, they're still loved-up. "It's been difficult maintaining relationships with everyone, including my friends and family," Jen points out. "It's hard, but we don't take things extremely seriously." Any engagement plans on the horizon? "We've both got our careers ahead of us," says Jake. "We'll see how it goes."

JEN'S BODY SECRETS

She may have been into backyard cricket and netball when she was a little tacker, but these days it's all about spending quality time with her personal trainer. "I love exercise but I also like to eat, so I really have to step things up a bit, especially when I'm going to be in a bikini," Jen says. Pilates, yoga and walking are on her exercise menu, replacing carbs and coffee. "I'm laying off my usual three cappuccinos a day," she confessed in the lead-up to the recent Myer shows. But how does she maintain it when she's travelling so much? "The last place I went to was Siena, Italy, and there was lots of great pasta and bread, but I had to just keep away from it." Sounds like "willpower" can be added to "her body" on the list of things we're jealous of! *The end*